



August 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	3 Adult Tae Kwon Do 7:00 pm – 8:00 pm	4	5
6	7 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	8 Adult Tae Kwon Do 7:00 pm – 8:00 pm	9 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	10 Adult Tae Kwon Do 7:00 pm – 8:00 pm	11	12
13	14 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	15 Adult Tae Kwon Do 7:00 pm – 8:00 pm	16 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	17 Adult Tae Kwon Do 7:00 pm – 8:00 pm	18	19 Family Dog Training 9:00 am – 10:00 am
20	21 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	22 Adult Tae Kwon Do 7:00 pm – 8:00 pm	23 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	24 Adult Tae Kwon Do 7:00 pm – 8:00 pm	25	26 Family Dog Training 9:00 am – 10:00 am
27	28 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	29 Adult Tae Kwon Do 7:00 pm – 8:00 pm	30 Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	31		

notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.