



September 2017

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2 Family Dog Training 9:00 am – 10:00 am
3	4 Body Sculpt 11:30 am – 12:30 pm	5 Adult Tae Kwon Do 7:00 pm – 8:00 pm	6 Balance 10:00 am-11:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	7 Adult Tae Kwon Do 7:00 pm – 8:00 pm	8	9
10	11 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	12 Adult Tae Kwon Do 7:00 pm – 8:00 pm	13 Balance 10:00 am-11:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	14 Adult Tae Kwon Do 7:00 pm – 8:00 pm	15	16 Family Dog Training 9:00 am – 10:00 am
17	18 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	19 Adult Tae Kwon Do 7:00 pm – 8:00 pm	20 Balance 10:00 am-11:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	21 Adult Tae Kwon Do 7:00 pm – 8:00 pm	22	23 Family Dog Training 9:00 am – 10:00 am
24	25 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	26 Adult Tae Kwon Do 7:00 pm – 8:00 pm	27 Balance 10:00 am-11:00 am Body Sculpt 11:30 am – 12:30 pm Sun Style Taiji 3:00 – 4:30 pm	28 Adult Tae Kwon Do 7:00 pm – 8:00 pm	29	30 Family Dog Training 9:00 am – 10:00 am

notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.