

Get your Parks and Recreation news on upcoming classes, registration deadlines and more! Plus complete a riddle or puzzle and get your name entered in a drawing!



WOODLAND PARK
CITY ABOVE THE CLOUDS

Program of the Month!

Insanity Live

Challenge yourself with jump training, bodyweight resistance, balance training, agility drills, and core strengthening exercises.

Tuesday and Thursday

March 1, 6, 8, 13, 15, 20, 22, 27

12:00 pm - 1:00 pm

Parks & Recreation Classroom

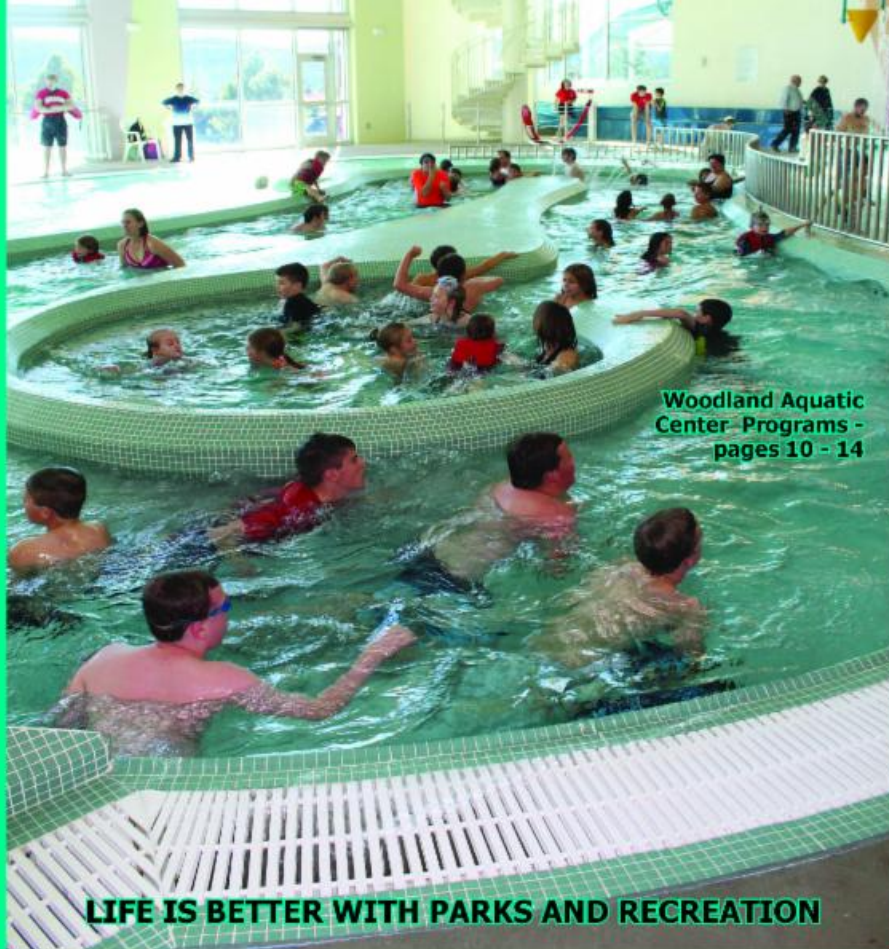
\$40 per month session

OR \$25 for 4 March classes

Announcements

- The [April - December 2018 Activities Guide](#) is now live on the website! [Click here](#) to register for upcoming sports and programs.

PARKS AND RECREATION 2018 ACTIVITIES GUIDE



Woodland Aquatic Center

- Adult and Youth Private Swim Lessons are now being offered! Please [click here](#) for prices and available time slots.
- Lifeguard Training Class will be held over Spring Break! [Click here](#) for more information.

ST. PATTY'S DAY COIN DIVE



WOODLAND AQUATIC CENTER

March 17, 9:30 a.m.-11:30 a.m.

ACTIVITIES: Coin Dive with prizes, Coloring Contest and Water Volleyball.

Cost: Regular Pool Admission

AGE GROUP	DIVE TIME
0-2 Years Old	9:45 a.m.
3-6 Years Old	10:00 a.m.
7-10 Years Old	10:15 a.m.
11 and Up	10:30 a.m.



Registration Deadlines

Youth Baseball and Girls Softball: March 30
Late Deadline: April 6

Youth Programs

Tae Kwon Do: March 6, 8, 13, 15, 20, 22, 27, P&R Classroom, 6:00 pm
Babysitter's Bootcamp: March 16, 5:00 pm & March 17, 8:30 am, P&R Classroom

Adult Classes

Body Sculpt: March 5, 7, 12, 14, 19, 21, 26, 28, P&R Classroom, 11:30 am

Namaste Yoga: March 5, 12, 19, P&R Classroom, 5:30 pm
Tae Kwon Do: March 6, 8, 13, 15, 20, 22, 27, P&R Classroom, 7:00 pm
Insanity Live: March 1, 6, 8, 13, 15, 20, 22, 27, P&R Classroom, 12:00 pm
Stretch C.L.A.S.S.: March 1, 8, 15, 29, P&R Classroom, 10:30 am

**Punch cards available and drop ins welcome for Body Sculpt and Namaste Yoga
Drop ins welcome for Stretch Class

[Register Here!](#)

Printable Sports Calendars:

[March](#)

[April](#)

Printable Youth Class Calendars:

[March](#)

[April](#)

Printable Adult Class Calendars:

[March](#)

[April](#)

Riddle Me This!

Solve This Riddle:

What is out on the lawn all summer and is Irish?

Last Newsletter Riddle:

What did the hamburger buy his sweetheart?

Answer: An Onion Ring

Email your answer to kgavit@city-woodlandpark.org by March 30 and have your name entered into a quarterly drawing for \$20 off a Parks & Rec or Aquatic Center class or program!

Kelsey Gavitt | Woodland Park Parks & Recreation | 719-687-5225 | [Email](#) | [Website](#)

STAY CONNECTED:

