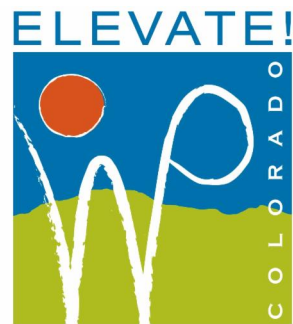


Get your Parks and Recreation news on upcoming classes, registration deadlines and more! Plus complete a riddle or puzzle and get your name entered in a drawing!



WOODLAND PARK
CITY ABOVE THE CLOUDS

Program of the Month! Youth Tennis Lessons

Come and learn basic strokes and skills through fun drills, demos, and games. All skill levels are welcome!

July 9, 11, 16 & 18

or July 23, 25, 30 & August 1

5-11 years old - 9:00 am - 10:00 am

11-17 years old - 10:00 am - 11:00 am

Meadow Wood Sports Complex

\$40 per session

Announcements

- Parks and Recreation office will be **CLOSED** on July 4 in observance of Independence Day. Join us at the Old Fashioned 4th of July Celebration in Memorial Park from 9 am-3 pm! We will have City merchandise for sale.
- The [April - December 2018 Activities Guide](#) is now live on the website! [Click here](#) to register for upcoming sports and programs.

Woodland Aquatic Center

- Aquatic Center will be **OPEN** 12-7 pm on the 4th of July!

\$4 Open Swim all afternoon.

- **Registration is now open for Summer Learn to Swim Classes! [Click here](#) for the class schedule.**
- **[Junior Lifeguard Summer Camp](#) will be held July 9-27.**
- **[Lifeguard Training](#) is scheduled for July 25-27.**



Breaststroke Development and Improvement Clinic for Swimmers and Triathletes Of All Abilities

Hosted by:

**Woodland Aquatic Center and
U.S. Masters Swimming**

July 12, 2018

6:00 – 7:00 pm

Check in begins at 5:45 p.m.

Clinic Fee: \$10.00

Anyone who wants to improve technique and learn drills that will enable you to continue to refine your stroke. Your stroke will be evaluated and corrected with the use of drills and coach instruction.

Equipment: Please bring your fins, suit, goggles, and towel. Fins are important, without them many of the drills may be difficult. Fins help create buoyancy and mild propulsion. If you have hand paddles, bring them too.

Registration: www.wpparksandrecreation.org

Course # WACMAS.02

For more information contact Karen Valdez,

kvaldez@cityofwp.net, 719-687-5233



Registration Deadlines

Youth Soccer League: July 6

Youth Soccer Late Registration: July 13

Flag Football: July 20

Flag Football Late Registration: July 27

Youth Programs

Tae Kwon Do: July 10, 12, 17, 19, 24, 26, 31, August 2, P&R Classroom, 6:00 pm

Superheroes Everywhere: July 16-20, UPCC, 9:00 am - 12:00 pm

Youth Tennis Lessons: July 9, 11, 16, 18, Meadow Wood, 9:00 am - 11:00 am

Powerful and Flowerful: July 23-27, UPCC, 9:00 am - 12:00 pm

Acting it Up! Camp: July 30-August 3, UPCC, 9:00 am - 12:00 pm

The Art of the Doodle: July 30-August 3, UPCC, 9:00 am - 12:00 pm

Adult Classes

Body Sculpt: July 16, 18, 23, 25, 30, P&R Classroom, 11:30 am

Namaste Yoga: July 2, 9, 16, 30, P&R Classroom, 5:30 pm

Balance Class: July 11, 18, 25, August 1, P&R Classroom, 10:00 am

Insanity Live: July 5, 10, 12, 17, 19, 24, 26, 31, P&R Classroom, 12:00 pm

Stretch C.L.A.S.S: July 5, 12, 19, 26, P&R Classroom, 10:30 am

Tae Kwon Do: July 10, 12, 17, 19, 24, 26, 31, August 2, P&R Classroom, 7:00 pm

**Punch cards available and drop ins welcome for Body Sculpt and Namaste Yoga*

**Drop ins welcome for Stretch Class*

[Register Here!](#)

Printable Sports Calendars:

[July](#)

[August](#)

Printable Youth Class Calendars:

[July](#)

[August](#)

Printable Adult Class Calendars:

[July](#)

[August](#)

Thank you to The UPS Store for supporting Parks & Recreation in our Annual Activities Guide!

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Mon - Fri 7:30-6:30
Sat 9:00 - 5:00
Sun 12:00 - 5:00

To learn more about sponsoring a youth sports league or being featured in our annual Activities Guide, please contact the Parks and Recreation office.

Riddle Me This!

Solve This Riddle:

Why did Cinderella get kicked off the soccer team?

Last Newsletter Riddle:

What dresses for summer and sheds in the winter?

Answer: A Tree

Email your answer to kgavit@city-woodlandpark.org by July 31 and have your name entered into a quarterly drawing for \$20 off a Parks & Rec or Aquatic Center class or program!

**Congratulations to Carrie Watson! You are the winner
of our Quarterly Newsletter Drawing!**

Kelsey Gavit | Woodland Park Parks & Recreation | 719-687-5225 | [Email](#) | [Website](#)

STAY CONNECTED:

