



# March 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
				<b>1</b> Stretch Class 10:30 am – 11:30 am Insanity Live 12:00 pm - 1:00 pm	<b>2</b>	<b>3</b> Family Dog Training 9:00 am – 10:00 am
<b>4</b>	<b>5</b> Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	<b>6</b> Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>7</b> Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	<b>8</b> Stretch Class 10:30 am – 11:30 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>9</b>	<b>10</b> Family Dog Training 9:00 am – 10:00 am
<b>11</b>	<b>12</b> Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	<b>13</b> Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>14</b> Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	<b>15</b> Stretch Class 10:30 am – 11:30 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>16</b>	<b>17</b> Family Dog Training 9:00 am – 10:00 am
<b>18</b>	<b>19</b> Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	<b>20</b> Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>21</b> Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	<b>22</b> Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>23</b>	<b>24</b> Family Dog Training 9:00 am – 10:00 am
<b>25</b>	<b>26</b> Body Sculpt 11:30 am – 12:30 pm	<b>27</b> Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	<b>28</b> Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	<b>29</b> Stretch Class 10:30 am – 11:30 am	<b>30</b>	<b>31</b> Family Dog Training 9:00 am – 10:00 am

notes

For Questions Call 719-687-5225

Visit Our Website: [www.city-woodlandpark.org/parks-and-recreation](http://www.city-woodlandpark.org/parks-and-recreation)

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.