



May 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1 Adult Tae Kwon Do 7:00 pm – 8:00 pm	2 Body Sculpt 11:30 am – 12:30 pm	3 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	4	5
6	7 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	8 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	9 Body Sculpt 11:30 am – 12:30 pm	10 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	11	12
13	14 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	15 Adult Tae Kwon Do 7:00 pm – 8:00 pm	16 Body Sculpt 11:30 am – 12:30 pm	17 Adult Tae Kwon Do 7:00 pm – 8:00 pm	18	19
20	21 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	22 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	23 Body Sculpt 11:30 am – 12:30 pm	24 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	25	26
27	28 City Offices CLOSED Body Sculpt 11:30 am – 12:30 pm	29 Insanity Live 12:00 pm - 1:00 pm	30 Body Sculpt 11:30 am – 12:30 pm	31 Insanity Live 12:00 pm - 1:00 pm		

notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.