



June 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
					1	2
3	4 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	5 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	6 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	7 Stretch Class 10:30 am – 11:45 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	8	9
10	11 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	12 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	13 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	14 Stretch Class 10:30 am – 11:45 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	15	16
17	18 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	19 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	20 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	21 Stretch Class 10:30 am – 11:45 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	22	23 Family Dog Training 9:00 am – 10:00 am
24	25 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	26 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	27 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	28 Stretch Class 10:30 am – 11:45 am Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	29	30 Family Dog Training 9:00 am – 10:00 am

notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.