



September 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1 Family Dog Training 9:00 am – 10:00 am
2	3 City Offices Closed Body Sculpt 11:30 am – 12:30 pm	4 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	5 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	6 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	7	8 Family Dog Training 9:00 am – 10:00 am
9	10 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	11 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	12 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	13 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	14	15
16	17 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	18 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	19 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	20 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	21	22 Family Dog Training 9:00 am – 10:00 am
23	24 Body Sculpt 11:30 am – 12:30 pm Namaste Yoga 5:30 pm – 6:30 pm	25 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	26 Balance Class 10:00 am – 11:00 am Body Sculpt 11:30 am – 12:30 pm	27 Insanity Live 12:00 pm - 1:00 pm Adult Tae Kwon Do 7:00 pm – 8:00 pm	28	29 Family Dog Training 9:00 am – 10:00 am
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notes

For Questions Call 719-687-5225

Visit Our Website: www.city-woodlandpark.org/parks-and-recreation

Come see us, Monday – Friday, 8am – 5pm located next to City Hall, 204 W. South Ave.