

Get your Parks and Recreation news on upcoming classes, registration deadlines and more! Plus complete a riddle or puzzle and get your name entered in a drawing!

ELEVATE!



WOODLAND PARK
CITY ABOVE THE CLOUDS

Program of the Month!

Balance

Learn through gentle movements that help you discover better skeletal organization and better ways to move.

April 3, 10, 17, 24

\$40 per 4 class session

Announcements

- The Friday Night Creative Chill classes fill up quickly! We encourage you to sign up at least 3-4 weeks in advance for these classes.
- The [2019 Activities Guide](#) is live on the website! [Click here](#) to register for upcoming sports and programs.

Woodland Aquatic Center

A Splashing Success

- Scott & Kristin Valenti -

Scott and Kristin have been swimming at the Aquatic Center since January 2018. In just over a year, they've lost over 60 pounds combined. After having a heart attack 4 years ago, Scott was put on several medications. Through a healthier diet and regular swimming, Scott has been taken off of all of

his medications, and his doctor said to "Keep it up!" with his workout routine! Scott and Kristin would love to encourage anyone who may be doubting swimming and water fitness, that positive changes can and will happen. We are so proud of this inspirational couple!

WOODLAND AQUATIC CENTER

**MAY
17
2019**



**FOR KIDS
AGE 6-16**



PARENTS NIGHT OUT

**PARENTS ENJOY A NIGHT
OUT WHILE THE KIDS EAT
PIZZA, SWIM AND PLAY FUN
AQUATIC GAMES!**



5:00 PM – 7:45 PM



**\$20.00 PER CHILD, \$15.00 FOR
ADDITIONAL FAMILY MEMBERS
REGISTER BY MAY 15 TO RESERVE
YOUR SPOT**



111 North Baldwin Street * Woodland Park, CO 80863 * 719-687-5233 *
www.city-woodlandpark.org

Registration Deadlines

Youth Baseball (K-9 grade) & Girls Softball (5-8 grade) Late Deadline: April 5

Adult Softball (Co-Ed & Men's): April 12

Adult Softball (Co-Ed & Men's) Late Deadline: April 19

Start Smart Baseball: May 10

Youth Programs

Tae Kwon Do: April 2, 4, 9, 11, 16, 18, 23, 25, P&R Classroom, 6:00 pm

Adult Classes

Body Sculpt: April 1, 3, 8, 10, 15, 17, 22, 24, 29, P&R Classroom, 11:30 am

Namaste Yoga: April 1, 8, 15, 22, 29, P&R Classroom, 5:30 pm

**Punch cards available and drop ins welcome for Body Sculpt and Namaste Yoga*

Tae Kwon Do: April 2, 4, 9, 11, 16, 18, 23, 25, P&R Classroom, 7:00 pm

Family Dog Training: May 25, June 1, 8, 15, 22, 29, CSCS, 9:00 am

Balance Class: April 3, 10, 17, 24, P&R Classroom, 10:00 am

Friday Night Creative Chill: May 10, UPCC, 6:00 pm

FRIDAY NIGHT
Creative Chill
ART AND WINE EVENT

REGISTER TODAY
(719) 687-5225
WPPARKSANDRECREATION.ORG



Painted Flower Pots

MAY 10, 2019 6-8 PM UTE PASS CULTURAL CENTER

[Register Here!](#)

Printable Sports Calendars:

[April](#)

[May](#)

Printable Youth Class Calendars:

[April](#)

[May](#)

Printable Adult Class Calendars:

[April](#)

[May](#)

**Thank you to Pikes Peak Orthopedics
for supporting Parks & Recreation in our
Annual Activities Guide!**

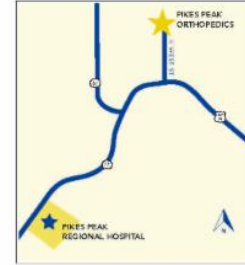


Dr. Michael G. Messner, DO
Board Certified
Orthopedic Surgeon



GO AHEAD, GET ACTIVE! At Pikes Peak Orthopedics our Board Certified Orthopedic Surgeon specializes in general orthopedic care for all ages and can help you **get back to life and the activities you enjoy!**

- Fracture Care
- Trauma & General Orthopedic Surgery for all ages
- Arthroscopic & Reconstructive Surgery of Knee & Shoulder
- Total Hip & Knee Replacements
- Board Certified Orthopedic Surgeon operating at Pikes Peak Regional Hospital and Surgery Center, located in Woodland Park



333 N. West St • Woodland Park, CO (719) 686 - 2820 Hours: Mon - Fri 8 AM - 5 PM

To learn more about sponsoring a youth sports league or being featured in our annual Activities Guide, please contact the Parks and Recreation office.

Riddle Me This!

Solve This Riddle:



Where does the Easter bunny eat breakfast?

Last Newsletter Riddle:

Why can't you borrow money from a leprechaun?

Answer: Because they're always a little short

Email your answer to kgavit@city-woodlandpark.org by April 30 and have your name entered into a quarterly drawing for \$20 off a Parks & Rec or Aquatic Center class or program!

Congratulations to Joe Norton! You are the winner of our Quarterly Newsletter Drawing!

STAY CONNECTED:

