

## Lap Pool August - November 2019 Lane Schedule



	SUN	MON	TUES	WED	THURS	FRI	SAT
5:30 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM			6 OS (5:30am-10:30 am)		6 OS (5:30am-10:30 am)		
8:00 AM							6 OS (7am-11am)
8:30 AM							
9:00 AM							
9:30 AM							
10:00 AM		6 OS (5:30am-3:30 pm)		6 OS (5:30am-3:30 pm)		6 OS (5:30am-3:30 pm)	
10:30 AM			3 OS - 3 WF (10:30am-11:30am)		3 OS - 3 WF (10:30am-11:30am)		
11:00 AM							
11:30 AM							
12:00 PM							
12:30 PM							
1:00 PM			6 OS (11:30am-3:30pm)		6 OS (11:30am-3:30pm)		
1:30 PM	3 OS - 3 DB (11am-5:45pm)						3 OS - 3 DB (11am-5:45pm)
2:00 PM							
2:30 PM							
3:00 PM							
3:30 PM							
4:00 PM			4 OS - 2 ST (3:30pm-5:30pm)		4 OS - 2 ST (3:30pm-5:30pm)		
4:30 PM							
5:00 PM		4 OS - 2 ST (3:30pm-7pm)		4 OS - 2 ST (3:30pm-7pm)		4 OS - 2 ST (3:30pm-7pm)	
5:30 PM			1 OS - 3 WF		1 OS - 3 WF		
6:00 PM			2 ST (5:30pm-6:30pm)		2 ST (5:30pm-6:30pm)		
6:30 PM							
7:00 PM		6 OS (7pm-7:45pm)	6 OS (7pm-7:45pm)	6 OS (7pm-7:45pm)	6 OS (7pm-7:45pm)	6 OS (7pm-7:45pm)	
7:30 PM							
8:00 PM							

**DB-Diving Boards ; WF- Water Fitness ; OS- Open Swim ; ST- Swim Team**

